



OPTIONAL home learning ideas

Physical Development

Practise using a knife and fork when eating. This will help your child when eating in the dining room.

Encourage climbing which builds stability in arms and shoulders.



Literacy

Read to your child every day to develop a love of reading. Talk to them about the story, setting and characters.



Expressive Arts & Design

Create a self portrait using paint, ripped paper and other materials found around the house.



Expressive Arts & Design

Create a collage all about you, full of all the things you love.



All About Me

Autumn 1

Personal, Social and **Emotional Development**

Engage in conversations with your child. Share what makes you feel happy, sad, angry etc. Encourage your child to share their feelings.



Communication and Language

Ask your family members about their school days.

What was similar and what was different?



Understanding the World

Share photos of your family and friends. Talk about the similarities and differences between you and them.



Mathematics

Use everyday opportunities to use number names and count to 10. Encourage pointing to each object as you count.

