

Year 5's Trip to Cuffley Camp

Mon 15th – Weds 17th September '25



Where is Cuffley Camp?

Where is it?

Situated conveniently for London, Cuffley is just 10 minutes from Potters Bar, Hertfordshire, and is close to the M25 for easy coach access. Cuffley is also accessible by train (we can provide transport to site). The 96- acre woodland site is a Site of Special Scientific Interest (SSSI) and contains a wonderful range of flora and fauna.

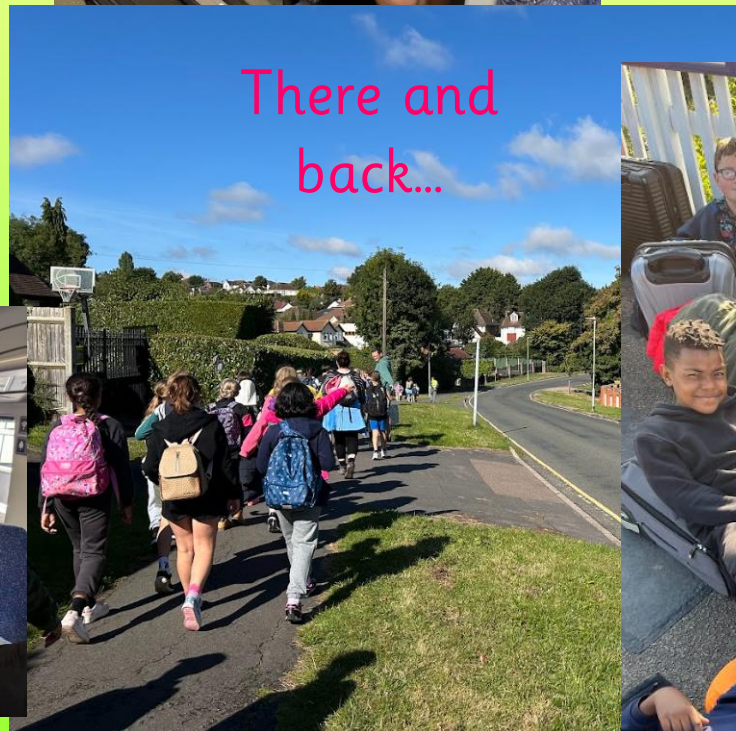


- It takes about 40 minutes by car to get there
- We will get there by train from Stevenage and then a 30 minute woodland walk.

How are we getting there/back?



- Drop off at Stevenage Train Station on Monday 15th at 9am
- 20 minute train ride – Stevenage to Cuffley
- Bag collection from the station by Cuffley staff in their van
- 30 minute woodland walk to the site
- We plan to return to Stevenage, for the children to be collected at approximately 4pm on Wednesday 17th September.



A little more about Cuffley

- Set in over 100 acres of woodland
- Quality dining for breakfast and evening meals – loads of choice!
- Brand new toilet and shower blocks
- Huge range of activities
- Secure and private
- Staff have ID badges and are easily identified
- Staff carry radios
- All staff are Emergency First Aid qualified
- Cuffley staff First Aider on site 24hrs – standbys 'on call'

[LINK:](#)
[Cuffley -](#)
[Active](#)
[Learning](#)
[Centres](#)



Why go away in Year 5?

- Independence and confidence boosting
- Prepares them for the Year 6 longer residential
- New, exciting activities getting away from their 'norm'
- Self-challenge and teamwork opportunities
- Being in the great outdoors
- Bonding with classmates and staff members to set us up for the year ahead.

Residential with a view!



Cuffley has stunning views of the surrounding area; lots of open space, woodland and fields for its numerous activities on offer.

Fingers crossed for **SUNSHINE!**



This is where we're sleeping:

The Pod Villages



2 adjacent Pod Villages

Central covered yurt where all of us can get together for evening activities and lunch



Rooms and wash facilities



- Brand new, eco pods – well lit and very comfortable with all bedding provided (except covers)
- Max of 4 per room
- Four beds in each room (two bunk beds) which will be thoughtfully assigned prior to going
- Teacher pods accessible and lit
- Very well lit external area
- Toilets and shower blocks – also very well lit and easy to get to

Rooms and wash facilities



Mealtimes

- Dietary needs catered for – nut free site
- Always fruit and salad available
- Snacks provided once a day
- Lots of options for ‘fussy eaters’
- Range of locations



Breakfast

- Huge range on offer
- 2 sites for breakfast
- Full cooked
- Breakfast bap
- Fruit
- Cereals



Lunch

- Packed lunch
- Eaten together at the Pod Village



Dinner

- Central dining room
- Outside ‘Pizza Palace’



TRULY MEMORABLE FOOD

Cuffley food offer 2024

We will be running four areas.

BREAKFAST will be served in our outdoor kitchen or the refectory.

At the woodland kitchen you will have a cooked breakfast of sausage hash browns and baked beans with fresh bread and jams, cereals and fresh fruit.

Woodland café will be serving sausage and egg and cheese muffins and sauté potatoes with fresh cereals and fresh fruit.

LUNCH will be collected from one of our woodland deli style stations.

Fresh baguettes and rolls with fillings of chicken mayo, cheese, ham and salads. With fresh fruit and farm made crisps.

AFTERNOON SNACK will be bananas and energy bar

Woodland kitchen/pasta bar

- Beef bolognaise, cheesy alfredo and vegan ratatouille.
- Flame grilled garlic breads and a selection of salads and fresh fruit.
- Dessert of all butter flapjack will take back to camp for evening snack.

Woodland café/wrap bar

- Breaded chicken or bean patties with vegetable salsa in flour tortillas.
- Fried potatoes wedges, coleslaw and fresh salad.
- Fresh fruit and chocolate chip muffins.

BBQ area

- Prime beef burgers and veggie burgers with brioche buns and sliced cheese.
- Warm potato salad with honey and mustard.
- Fajita corn cobs with fresh salads and fruit.
- Chocolate fudge brownies .

Pizza palace

- Wood fired pizzas made to order with various toppings.
- Fresh salads and fruit.
- Vegetarian chocolate ice cream.

All dishes have an allergen free alternative.

Room and Group arrangements

Sleeping arrangements

- * Up to 4 children to a room – we get the children to choose then make careful decisions.
- * Two pod villages with children and staff split across both – just a short footpath in-between
- * 2+ WR staff members on each village
- * Gender based villages



Activity Groups

- * 4 mixed groups of 15 children
- * Different groupings to bedroom groups to help friendships and bonding
- * Evening activities and all food together as a year group

Tuck Time!

To be enjoyed after
dinner



Will be handed in to us
before we go (Thursday
before)



NO NUTS PLEASE!

**Nothing in addition to the box – we don't want
unwanted visitors in the children's rooms!**

Our Activities

- 7 daytime team activities over the 3 days
- 2 evening activities
- Working on personal growth & resilience, team building, problem solving, communication and achievement whilst making amazing memories!





Evening activities

The Campfire

Our first evening will be a campfire!

Songs, games and dancing are the highlight of this evening entertainment.

Alongside riddles and stories, children get to toast their own marshmallows as a perfect dessert around a toasty camp fire.



Activity – night 2

A choice of various fun team activities such as:

- Wacky Races
- Hide and Seek



What did the children think?

What top tips would you give to the new Year 5 children?

“Eat as much as you can – you’ll be hungry.”

“Just try everything!”

“Bring a towel on a hook so you can hang it by the showers.”

“Wear insect repellent!”

“Don’t bring too much stuff – there isn’t room and you don’t need it.”

“Don’t annoy your room mates - they will get cranky!”

“Don’t worry if you don’t get put with all of your friends as you’ll still have fun with whoever you’re with.”

“I’m sure most of you will be at least a little bit scared - that is completely normal. Cuffley is about going outside of your comfort zone so you should try everything and I promise you will feel so proud and you will find it soooooo fun!”

What did you like about Cuffley?

“It was **all** very fun and I got some time away from my annoying brother.”

“Rock climbing and sleeping in the pods.”

“All the food – eat everything!”

“You got to try new activities and the food was delicious.”

“The campfire and evening games.”

“I like most of the activities but mainly archery and axe throwing. The wildlife and nature was pretty as well.”

“Staying with my friends and the lovely teachers.”

“Being away from home and learning to be independent.”

“The smores!”

What did you NOT like about Cuffley?

“The food.”

“Rock climbing and sleeping in the pods.”

“Some of the activities.”

“The campfire was too smoky.”

“The toilets were DISGUSTING!”

“I did not like how the boys got more storage than the girls.”

“The pillows were far too flat.”

“Friends mucking about and not going to sleep!”

What would you like the parents to know?

“If your child is worried talk about it and listen to them.”

“Bring insect repellent spray and tell your child not to worry, because they will end up having a great time!”

“The workers there are very kind and don’t worry about what to bring because they will send you a list.”

“Tell your child to not worry about sleeping because I was worried but actually it was so fun.”

“Leave straight away after drop off – don’t hang around!”

“Don’t be emotional – wear your shades!”

“Have a bag your child can carry like a big backpack so they can carry it down the station steps.”

“Give them a pep talk so they know what’s it’s like so we’re not having to play ‘Mum’ to our friends.”

“Don’t stress - they won’t get food poisoning.”

No electrical items!
(Small hairdryer only)



Small Rucksack
(with them during the day)

- *sun cream
- *sun hat/glasses
- *Water bottle (1l min)
- *Spare socks
- *Coats – waterproof/ regular
- *Bug spray

INHALERS / MEDICINE

Kit list (see list we'll send you)



Main Luggage
(Rest of kit)

- * Organised (bag-a-day for?)
- * Kit list to tick off on return.
- * Book, colouring, cards etc
- * Nightlight? Eye mask?
- * Towel/washbag
- * Essential cuddly toy!

Please also pack a carrier bag for wet / dirty clothes.



Bedding

- * Only extra blanket if you want to provide one (special one?)
- * All bedding provided – children will be putting on / taking it off themselves. PRACTISE THIS BEFORE WE GO PLEASE!

PLEASE NAME EVERYTHING!

In September:

Medical issues / medication:

Any medicines that may be needed while we are away must be given in to staff before we go (named/details of dosage)

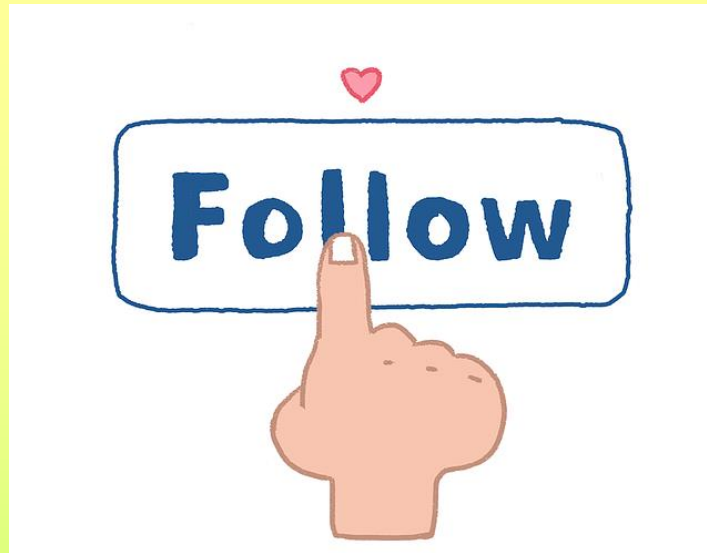
Tuck Box:

- Forget at your peril!

Other worries?

- Bedwetting?
- Sleepwalking?

**Please do tell us – we will send out a
Google Form nearer the time**



Keep up to date

- You can see what we're up to on the website
- Remember, they (and you) will be ok!

Any Questions? 😊

**If relevant to everyone, please
ask now!**

**If personal to you / your
child, please speak to us
privately at the end.**