

Supporting Anxious Children: A Night of Insight & Connection



Join us for an informal and empowering night for parents/carers and professionals supporting children with anxiety or neurodiverse needs.

What's included?

★ **Helping Anxious Children manage School and Daily Challenges**
Presented by Rachel Lambie
MA, MBACP, HCPC
Nessie's CEO

★ **'Neurodiversity & Anxiety'**
Presented by Elisa Ferriggi
Nessie's Supervisor &
Autism/ADHD Specialist
Therapist

★ **Meet Nessie Psychotherapists**
Chat informally with our
psychotherapists for free mini-
consultations on the night.

★ Refreshments
available to
purchase on
the night!

Date: Thursday 26TH March
Time: 7pm - 9pm
Location: Royston Town Hall

Scan for tickets,
£10 per person:

